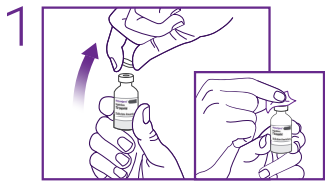


# Mounjaro® – Important information at a glance

## Administering Mounjaro®

### Prepare



#### Preparing the vial

- Remove the vial's plastic protective cap, but do not remove the stopper.
- Wipe the vial stopper with an alcohol wipe and prepare a new syringe.

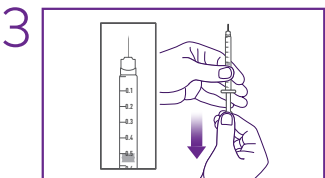


#### Joining the needle and syringe

- Put the needle on top of the syringe and rotate the needle until it is securely attached to the syringe.

**You must not share or reuse your needle or syringe.**

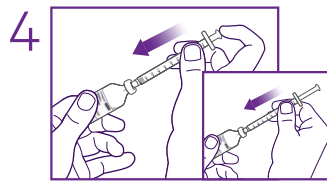
**You can skip this step if your needle and syringe are already joined together.**



#### Preparing the syringe

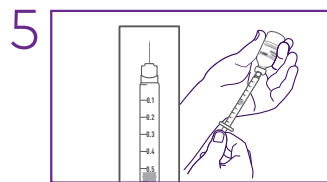
- Remove the protective needle sheath by pulling it straight off.
- Hold the syringe with the needle pointing upwards.
- Draw a small amount of air into the syringe by retracting the plunger until it reaches the 0.5 ml mark.

### Fill



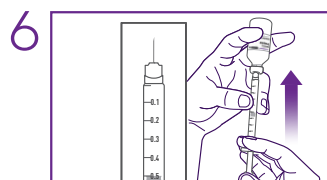
#### Pushing the needle into the vial

- Push the needle through the rubber stopper on the Mounjaro® vial and inject the air into the vial.



#### Drawing your dose from the vial

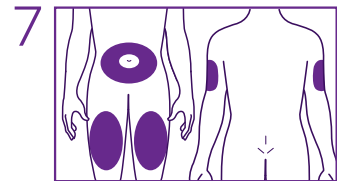
- Turn the Mounjaro® vial and the syringe upside down and slowly pull the plunger downwards to draw all the Mounjaro® solution from the vial. The vial is now ready to administer a single dose of 0.5 ml of Mounjaro®.
- If there are air bubbles in the syringe, gently tap on the syringe a few times to get the air bubbles to rise to the top.



#### Ensuring you get the dose right

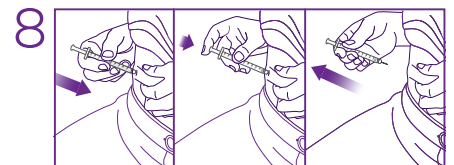
- Gently push the plunger upwards until no air is left in the syringe and the plunger is at the 0.5 ml mark.
- Pull the syringe out of the vial stopper.

### Inject



#### Choosing your injection site

- Clean your skin before administering the injection and let this area dry before performing the injection.
- Mounjaro® is designed to be injected under the skin (subcutaneously) in your abdomen or thigh. Alternatively, you can inject Mounjaro® in your upper arm. You may need help from another person if you want to inject into your upper arm.
- You can inject Mounjaro® in the same area of your body every week if you want, but you should make sure that you choose a different injection site within that area.



#### Injecting Mounjaro®

- Pinch your skin together gently to form a skin fold where you want to inject.
- Inject under your skin as you have been shown. Inject all the solution from the syringe to receive the full dose. You should leave the needle in your skin for at least 5 seconds after the injection, to make sure that you receive the full dose.
- Pull the needle out of your skin.

**You have now completed the Mounjaro® injection.**

# Use

## When should I inject?

- Always take Mounjaro® on the same day each week. You may wish to set a reminder in your phone or calendar for that day.
- The weekly day of injection can be changed if necessary, as long as the interval between two doses is at least 3 days.

## What if I miss a dose?

- If you miss a dose, take the missed dose as soon as possible within 4 days of when you should have taken it.
- If more than 4 days have passed, skip the forgotten dose and administer the next dose on the normal scheduled day. In any case you can then continue with regular once weekly administration.

# Storage

## Where should I store it?

- Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date which is stated on the carton and the vial label after "EXP:". The expiry date refers to the last day of that month.
- Store in a refrigerator (2°C – 8°C). Do not freeze. DO NOT USE if the vial has been frozen.
- Store in the original packaging in order to protect the contents from light.
- Provided the temperature does not exceed 30°C, Mounjaro® can be stored unrefrigerated for up to 21 days in total. The vial must then be discarded.
- Do not use this medicine if you notice that the vial, seal or stopper is damaged, or if the medicine is cloudy, discoloured or contains particles.

## Important!

- It is vital that you read and follow the Information for the user that comes with your vial.

## Disposal

- Dispose of the vial, used needle and syringe immediately after each injection in a puncture-resistant container or as instructed by your doctor, health professional or pharmacist.

## Here you can find out more:

- **Talk to the team at your medical practice.**
- To find out more, read the Information for the user that comes with your vial.
- Go to [www.lilly-patient.de/de-de/mounjaro](http://www.lilly-patient.de/de-de/mounjaro) or scan the "Go to the website" QR code for more information about Mounjaro®.
- Scan the "Go to the injection training video" QR code to watch the injection training video.

Go to the website



Go to the injection training video



This leaflet is intended for individuals for whom Mounjaro® has been prescribed.

1 x weekly  
**mounjaro**®  
Tirzepatid